



Delight
yourself in the
Lord ^{AND} He will give
you the desires
of your heart

PSALM 37:4

delight
in
HIM

Delight yourself
in the
LORD
and He
will give
you the desires of your heart
PSALM 37:4
delight yourself in the LORD
and He
will give
you the
desires
of your
HEART.



OH, HOW HE
LOVES
—US—



I love
you!



I am
praying!
for you!

delight
YOURSELF IN THE
LORD
PSALM
37:4

delight yourself
in the Lord and He
will give you the
desires of your heart.

I ❤️ YOU.



Psalm 37:4 “ Delight yourself in the Lord and He will give you the desires of your heart.”

The book of Psalms is a praise book that the people of God used to worship Him. It expresses the writer’s emotions to God or about God. It not only teaches us about Him, but it also teaches us how to share our heart with Him. Psalm 37:4 talks about the emotion ‘delighting’ and how that reveals our deepest desires of our inner being.

We all delight in something. We can either put our delight in money, career, body image, or even our kids. These temporary things of the world never seem to fully satisfy, but this month’s verse is teaching us that we WILL have a satisfied heart IF we delight in the Lord. Delight is defined as a high degree of gratification or pleasure; extreme satisfaction. Delighting in the Lord can also be defined by the next verse, verse 6, “Commit your ways to the Lord and trust in Him.” Having delight in God is to trust Him and to commit your life and your plans to Him.

This verse is not a simple cause and effect verse for us to get our way. The Lord will not give us every single little desire if we just go to church and pray once a week. No. This verse is teaching us a very unique and holy thing. If we delight in the Lord, truly delight, experiencing soul satisfaction, then our will, our plans, our wants and desires become like His will, His plans, and what He already joyfully blesses us with - communion with Him and sanctification. God is concerned with what is eternal, not temporal, but when we find our delight in the Lord He is free to give us good things on earth because we will not hold them as idols.

By delighting in Him you are transformed more into His character and, within us, everything changes. We see this truth further explained in Romans 8:5 “Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.” The Spirit desires to bring the Father glory. If we live according to the Spirit then this should be our highest desire. The way we can do this is by being satisfied in Him and sharing His truth with others to advance His Kingdom. John Piper, a well known pastor and author, wrote “God is most glorified in us when we are most satisfied in Him”.

Let’s be people of God who delight and are satisfied in Him to bring Him glory!





FORMOM:

Delighting in the Lord in this season of life might seem unattainable with everything expected of you. Do you feel like you're failing every day to even sit down to read the word or pray? Don't be discouraged or lose heart! The first step to learning how to truly experience soul satisfaction with the Lord is to just acknowledge Him in your day.

If you are the one who feels stuck, take a moment and just recognize that He is here and cares for you. Allow Him to meet you where you are.

Or if you regularly have time with Him, what stirs your affection for Him? Seek after Him in that way to bring your heart towards delight.

FOR KIDS:

Did you know that God wants you to delight in Him?? What brings you pleasure right now? Be honest. God loves that you have passions, gifts and talents! BUT through this verse this month, He wants you to understand that this does not satisfy forever. How can you trust Him more with your life?

Parents: Pray with your children and ask God to allow you all to experience Him in a new way this month by seeking Him with hearts that long to delight in Him fully.!



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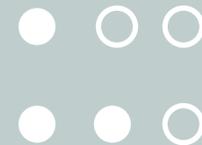
iLUMINate | to light up

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LUMIN | Truth Illuminated
Psalms 119:130 The unfolding of your words give light - it gives understanding to the simple. God's word providing light in our lives. His words iLUMINating truth in our hearts.

HIS WORDS | YOUR HEART



FOR MOM

FOR KIDS



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