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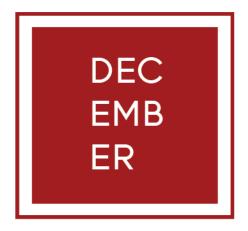














Blessed is she who has believed that the Lord would fulfill his promises to her!

In the first chapter of the book of Luke, we're given a beautiful glimpse into Mary's life and heart. Mary, the mother of Jesus, has gone to visit her cousin Elizabeth shortly after Gabriel, an angel of the Lord, tells Mary she is going to become pregnant with the Son of God. The angel has also shared with Mary that her cousin Elizabeth is pregnant. Elizabeth has been barren so long that her husband, Zechariah, could not believe the news that his wife would conceive in her old age and he was made mute because of his lack of belief. Mary, rather than requiring a sign or objecting to the impossibility of the angel's news, simply asks how the Lord will do this. And Gabriel shares that she will be overshadowed by the Holy Spirit and the power of the Most High (Luke 1:35). She humbly receives the Lord's words as truth.

Mary knows these things will be fulfilled because she trusts in the character of God – that He would not lie, that He is faithful and that He doesn't change. Mary's faith comes from being acquainted with the Lord's character and faithfulness. Joshua 23:14 says, "Every promise has been fulfilled, not one has failed." Surely Mary is acquainted with Old Testament scripture, has been walking with the Lord and has come to know, from other experiences in her life, that the God she serves is a faithful God. Elizabeth sees this gift of faith in her cousin and encourages Mary by acknowledging it, "Blessed are you, Mary!, who believed that there will be a fulfillment of what was spoken to you from the Lord!" Together, they celebrated their mutual joy of what was to come and the faithfulness of their God.

This would be an easy time for Mary and Elizabeth to doubt God's word. As humans, we often struggle to believe—we wonder if we've heard the Lord correctly, if it's really possible that He will come through, or that He can or will do the things He has promised us. We need the Lord's grace to help us. It's our nature to look for logic when God's word doesn't make sense to us. Being disciplined in walking with the Lord leads to greater faith and becoming well-acquainted with our God. Jesus talks many times about believing without seeing. Mary and Elizabeth are both facing unthinkable circumstances and yet they chose to put their faith in the God they knew rather than demanding tangible proof. This verse shows us the power of faith sustained by a gracious Father. We also see the power of naming the faith of our sisters and friends as we walk these hard journeys together. Like Elizabeth, let's be intentional this season to encourage one another when we see glimpses of growing faith in our friends and family. This Christmas, let's celebrate that Jesus, who was welcomed into the world through the power of the Holy Spirit into Mary's faithful arms, came to be with us because of His great compassion for us.





DISCUSSION QUESTIONS



What is something the Lord has promised you that you need faith to continue to believe He will accomplish?

What areas of life do you doubt God's character, presence or involvement? Ask the Lord to be gracious and provide renewed hope and trust in who He really is and in His presence in the hard places.

Think of someone in your life who has walked with you through seasons of your life whose faith you can point to and encourage. Let them know sometime this Christmas season how you see God working in their lives.

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What promises from the Lord feel difficult for you to believe? Pray for the Lord to give you faith to believe His word.

Share with a parent, friend or God about a characteristic of God that is hard to believe (for example, it's hard to believe God is always loving when I see a loved one struggling) and pray for the Lord to help you believe what is true about Him.

If you have a friend or family member who you see God working in, encourage them sometime this Christmas season.

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LUMIN | Truth Illuminated Psalms 119:130 The unfolding of your words give light - it gives understanding to the simple. God's word providing light in our lives. His words iLUMINating truth in our hearts.

HIS WORDS | YOUR HEART



FOR MOM

FOR KIDS



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