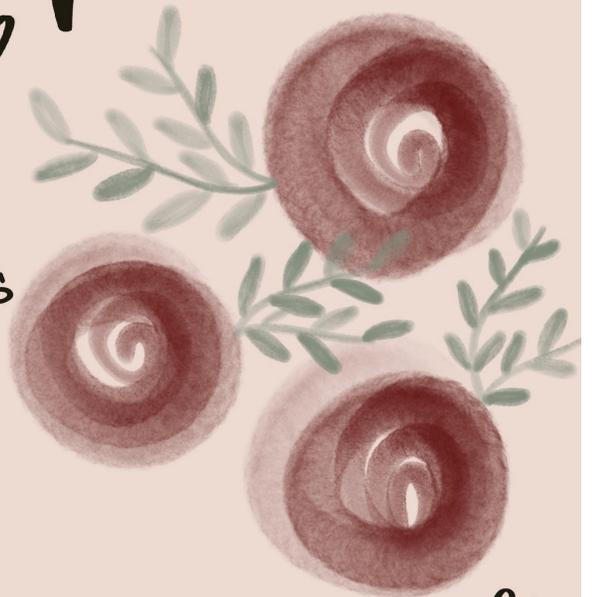




Let everything
that has breath
praise the
LORD

PSALM 150:6



es



In the last five chapters of Psalms, readers are encouraged to praise the Lord. Each chapter from 146-150 starts and ends with the phrase "Praise the Lord." And twelve different times, in the only six verses in Psalms 150, readers are reminded and almost commanded to "Praise the Lord." If one were ever to doubt the appropriate response to the work God has done, is doing, and will do, look no further than the last books of Psalms.

Let everything that has breath praise the Lord. Praise the Lord.
Psalms 150:6

During some life circumstances, it may be easy to praise the Lord: engagements, marriages, pregnancies; promotions, raises, well-deserved recognition; making the team and scoring the goal, getting into college and making good grades. . . our hearts may soar with happiness and praise may flow easily off our lips when life is good. And while God does certainly deserve the glory when life is good, He is still there when life gets hard. When heartbreak happens, egos are crushed, friendships are rocked, and disappointment overwhelms, He is there. Still worthy of our praise.

Stop and listen to Matt Redman's (old school) worship song, "Everything that has Breath" (<https://youtu.be/n7lvyd1JdQU>).
Meditate on the lyrics.

If we could see how much You're worth,
Your power, Your might, Your endless love,
Then surely we would never cease to praise. (Matt Redman)

To see and understand the magnitude of God's works, His power and His might, is beyond our human capability, but praise is an appropriate response to what He has done and is doing in your life. Singing, shouting, thanking God for His blessings, praying, confessing, resting in Him. . . praise Him however you are called. While we may not see the 'beauty in the ashes' this side of eternity, God is always at work, and in the waiting, in the wrestling, in the wilderness, we are called to praise Him. . . at the top of our lungs or in whispered breaths, just praise Him.

"My mouth will speak in praise of the Lord. Let every creature praise his holy name forever and ever."
Psalms 145:21



DISCUSSION QUESTIONS

● ● ○ FOR PARENTS

In what ways do you praise God?

Do you find yourself praising Him publicly or privately?

In good times or in bad?

How could praising God daily/hourly change your perspective on life?

● ● ○ FOR KIDS

Have you noticed famous athletes or award-winning actors/actresses point to the sky?

Why do you think they do this?

Did you have a 'point to the sky' moment today or last week? Take a minute to praise God for what He is doing and has done in your life.



LUMINTRUTH.COM

LUMIN | Truth Illuminated
Psalms 119:130 The unfolding of your words give light - it gives understanding to the simple. God's word providing light in our lives. His words iLUMINating truth in our hearts.

HIS WORDS | YOUR HEART



SAY
hello
LUMINTRUTH@GMAIL.COM